



Drug Consumption

The daily life of drugs in students of the "Escuela Nacional Preparatoria No.6"



INTRODUCTION

Drug addiction problems between 15 to 18 years of age and in educational institutions is really alarming due to its normalization, this given the bad effects and problems that it can cause at that age in health with long-term effects and consequences for lifetime. After learning about the possible consequences that this problem could have for our school community, we were curious and asked ourselves the question: What perception do our high school students have about drug use on our campus?

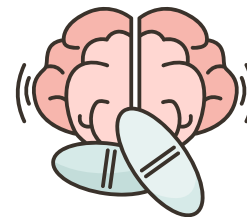
OBJECTIVE

The objective of our research is to present and learn more about drug addiction in high school on:

- The visibility and depth of the problem in our colleagues.
- Some knowledge and points of view of our colleagues on this problem.
- Being able to recognize possible solutions and recommendations to reduce this problem.

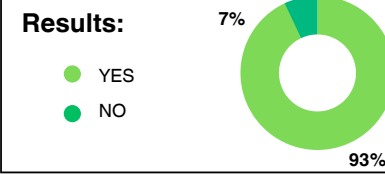
METHODOLOGY

Through the "Google Forms" tool we carried out a survey inspired by another survey previously carried out among students of a university. With a total of 15 questions with possible "YES" and "NO" answers, different students from the institution were questioned with the intention of obtaining greater participation, since the subject is delicate. The method of application of the survey was with the use of the "snowball" method, therefore we cannot guarantee randomness in the sample. We required the participation of our high school classmates through social networks such as Instagram or Facebook, explicitly informing them that there would be confidentiality with what they answered, obtaining a total of 58 responses.



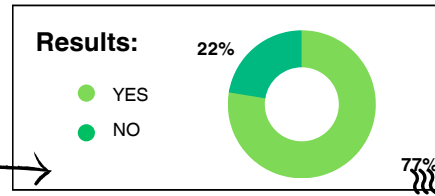
Is there a relationship between drugs and depression or anxiety?

93% of respondents indicated that there is a relationship, while the other 7% indicated that there is not.



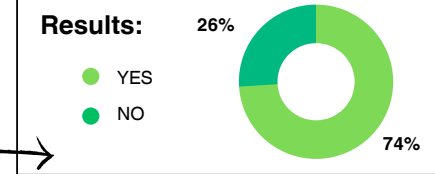
Do you think the high school should deepen the consumption and consequences that this can attract?

77% of respondents believe that the high school should learn more about drug use and the consequences of drug use.



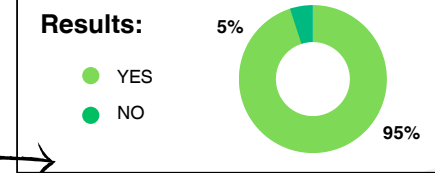
Does marijuana use affect academic performance?

74% of respondents who have used substances have noticed differences in their academic performance since their use began.



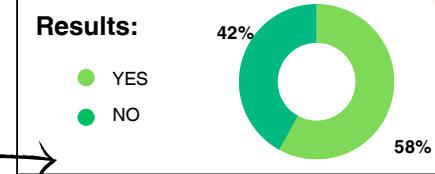
Can a rehabilitated person lead a normal life?

95% of respondents believe that this can be possible through proper rehabilitation, the remaining 5% deny it.



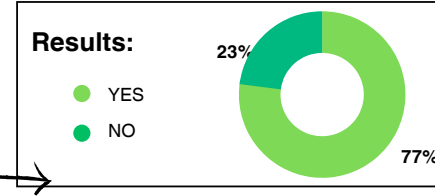
Should its consumption be approved?

This is a debated issue, with 58% of respondents indicating yes, but only in doses for personal use, while the remaining 42% do not conceive of its use in any way.



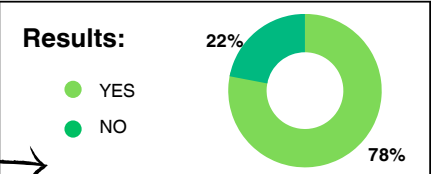
Do you know any teacher, student or acquaintance who uses drugs?

77% of the respondents know a student or staff within the high school who uses drugs, while the remaining 23% do not.



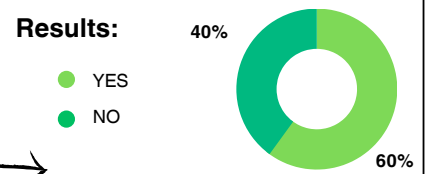
Does the intrafamily relationship influence a person to choose the path of drug addiction?

It was found that 78% of the respondents decide to use drugs because of family situations, while 22% of the respondents decide to use drugs because of other circumstances.



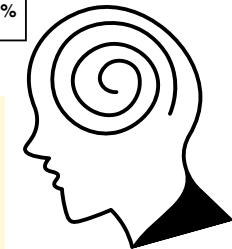
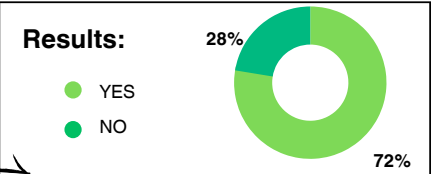
Have you been using since high school?

60% of those surveyed denied having used substances since entering high school, the remaining 40% said they had used them.



Is it easy to find substances at the campus?

According to respondents, 72% of respondents believe that it is easier to find substances on campus, while 28% had a negative response.



CONCLUSIONS

There is evident drug use in high school (mostly marijuana), a fact visible to all members of the community that deserves to be treated seriously by the authorities and the community itself so that this problem with its obvious consequences for its users does not escalate, seeking a reduction in the future that provides all students with a prosperous academic and personal future.

RECOMMENDATIONS

Given this, we propose that more importance be given to this type of problem in order to eradicate or reduce its consumption through various strategies; students should be correctly and assertively guided around this topic, we propose awareness talks about everything that drug use entails so that their knowledge leads to gradual rejection, in addition to addressing personal problems with specialized psychologists to prevent the drugs serve as a refuge, greater participation of the authorities in the issue and, in cases where addiction already exists, implement a rehabilitation according to each person.

References

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